

Wheels Of Life A Users Guide To The Chakra System Anodea Judith

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The Wheel of Life is a flexible coaching tool that offers a 360-degree view of your current life situation. It quickly identifies areas of imbalance and helps you to create goals and set priorities based on your life vision. This means to know what you want in life, and I mean really know.

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~~Wheel of Life | Academic Life Coaching & Life Coach Training~~

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